

# Warm Springs (WarmTherapy Pool)

## Fall 2009 Schedule

Valid August 31 through December 31, 2009

\*Closed November 26, December 25 and January 1, 2010

**Nov. 27 Youth Appreciation Day Pool open 12 - 3pm ONLY**

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00 9:00AM	<b>Water Motion Class</b>	<b>Adult &amp; Therapy Discount</b>	<b>Water Motion Class</b>	<b>Adult &amp; Therapy Discount</b>	<b>Water Motion Class</b>	<b>Adult &amp; Therapy Discount</b>	
9:00 10:00AM	<b>Water Motion Class</b>	<b>Open &amp; Therapy 9 - 11 am</b>	<b>Water Motion Class</b>	<b>Open &amp; Therapy 9 - 11 am</b>	<b>Water Motion Class</b>	<b>Lessons 9:00 AM Noon</b>	<b>Lessons 9:00 AM Noon</b>
10:00 11:30AM	<b>Lessons 10-11:30am</b>	<b>Discount before 10am</b>	<b>Lessons 10-11:30am</b>	<b>Discount before 10am</b>	<b>Adult &amp; Therapy 10 - 1 PM</b>	<b>12:00 - 3:00 pm</b>	
	<b>Adult &amp; Therapy</b>	<b>Body Tune-up 12 - 1pm</b>	<b>Adult &amp; Therapy</b>	<b>Ai Chi 11-12 pm</b>			
11:30 12:30PM	<b>Water Motion</b>	<b>Adult &amp; Therapy</b>	<b>Water Motion</b>	<b>Adult &amp; Therapy 12-2:30</b>	<b>Open &amp; Rehab 1-2:30</b>		
12:30 2:30PM	<b>Open &amp; Therapy</b>	<b>shallow end (only 12 - 1) 11 - 2:30</b>	<b>Open &amp; Therapy</b>			<b>Open &amp; Therapy</b>	
2:30 4:00PM	<b>Adult &amp; Therapy Overlake</b>	<b>Open &amp; Therapy</b>	<b>Adult &amp; Therapy</b>	<b>Open &amp; Therapy</b>	<b>Adult &amp; Therapy Overlake Private</b>		
4:00 7:00PM	<b>LESSONS</b>				<b>Lessons Highland 4-5 pm</b>		
7:00 8:00PM	<b>Open &amp; Therapy Rehab</b>			<b>Discount Open&amp;Therapy Swim</b>	<b>Open &amp; Therapy 5 - 9 PM</b>		
8:00 9:00PM	<b>Adult &amp; Therapy</b>			<b>Discount Adult &amp; Therapy</b>	<b>Private Lessons 3-7 pm</b>		

Children must be accompanied by an adult in the water and be within an arm's length distance at all times. One adult may accompany a maximum of two children. The general public may use the pool during Open Rehab swims, but Therapy patients have priority: you may be asked to relocate to the Blue Lagoon pool. During shaded times the pool is open only for those participating in the activities listed.

***Lanes will not be sectioned off during "Open & Rehab" times, except for private lessons.***

***\*Therapy Rehab is available for adults, therapy patients, and private lessons.***